

Rapport

SQ48 (Engels)

Terug



Below you find the graphs that correspond to the SQ-48 questionnaire that you have recently filled out. This overview provides you with an insight into your situation over a one-week period. Apart from a graph with the overall score you will find additional graphs, so-called sub-scales, corresponding to specific types of complaints one may be experiencing.

Each graph contains two coloured areas, a green and a red section. If you filled out this survey for the first time you will just find a single dot on the graph. If you find the dot in the green area it means you are experiencing fewer or no complaints in this particular area, if the dot is positioned in the red area, it means that you are experiencing complaints that relate to this specific section of the survey.

Generally speaking: the lower the score the fewer complaints one experiences and subsequently more complaints one experiences in a particular area the higher the score.

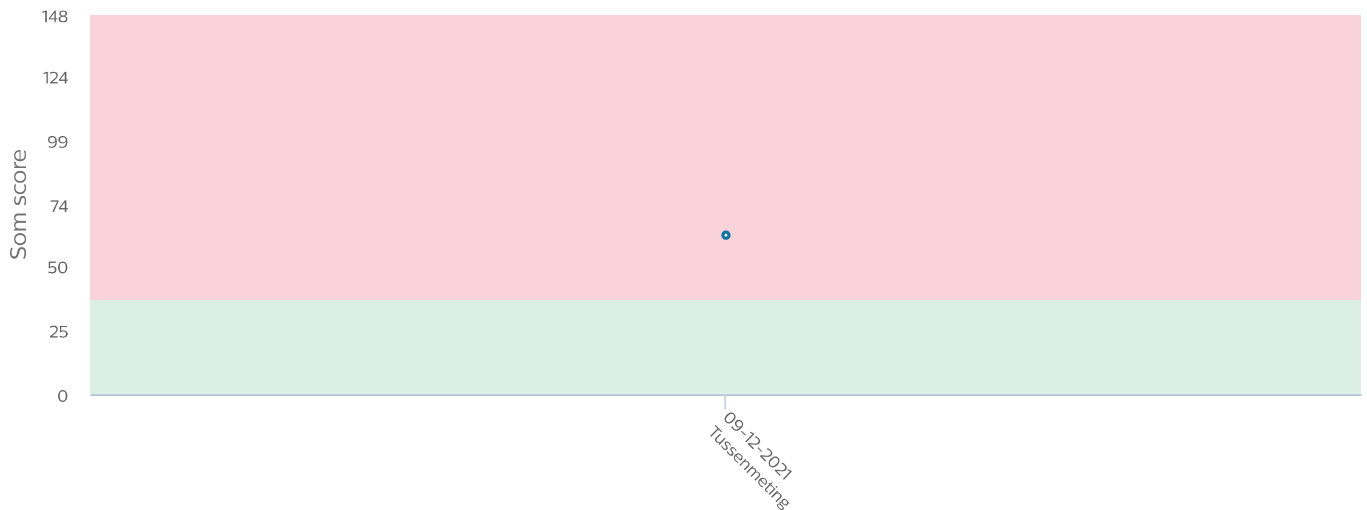
In the Vitality/Optimism graph the coloured areas have been inverted, therefore the higher you score, the better you are doing.

A line will appear once you completed more than one survey. If a line slopes downwards towards the green area it means that you are experiencing improvements relating to these complaints. An upward line indicates that your complaints have increased.

Below the graph you find the dates on which you filled out the survey. The results of the survey are an indication of your complaints at that particular time, results may therefore vary from day to day.

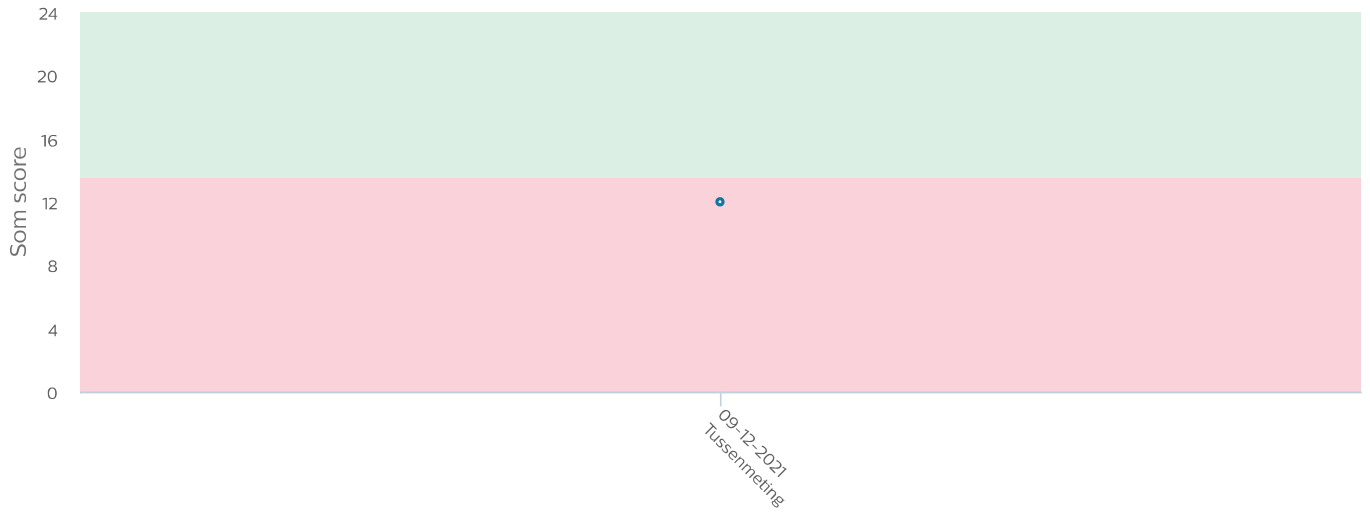
These results are discussed between you and your therapist during your following treatment session.

Overall The sum of all types of complaints.

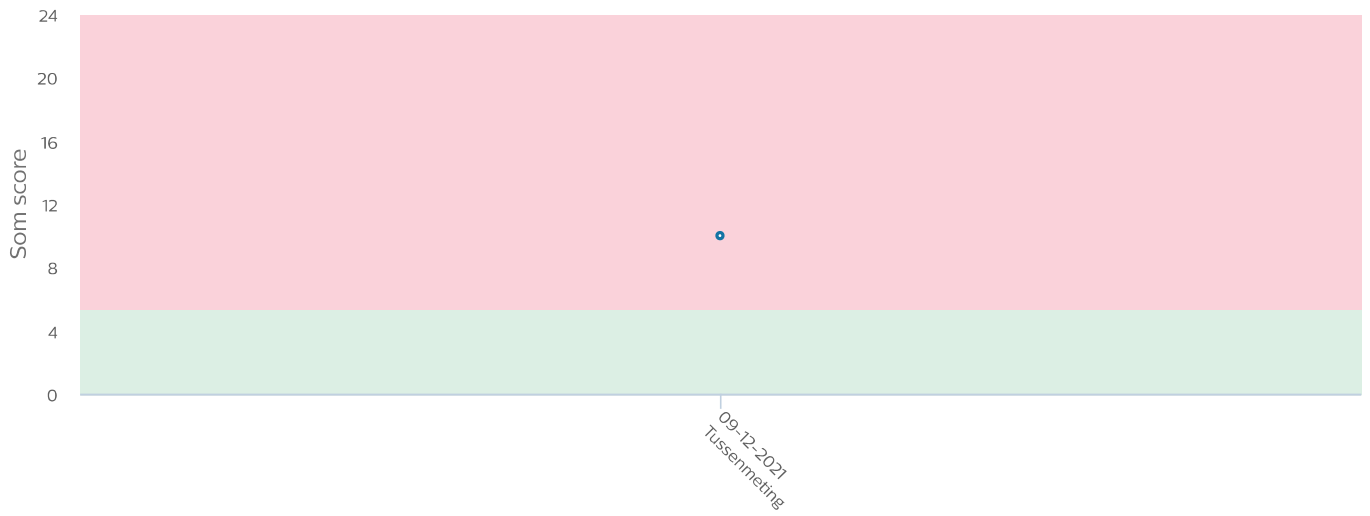


How energetic you feel and your outlook on the future. In this graph the coloured fields are inverted. This means that the more optimistic and energetic you feel the higher the score (i.e., the dot and or line will be moving towards the green area, the better you are feeling).



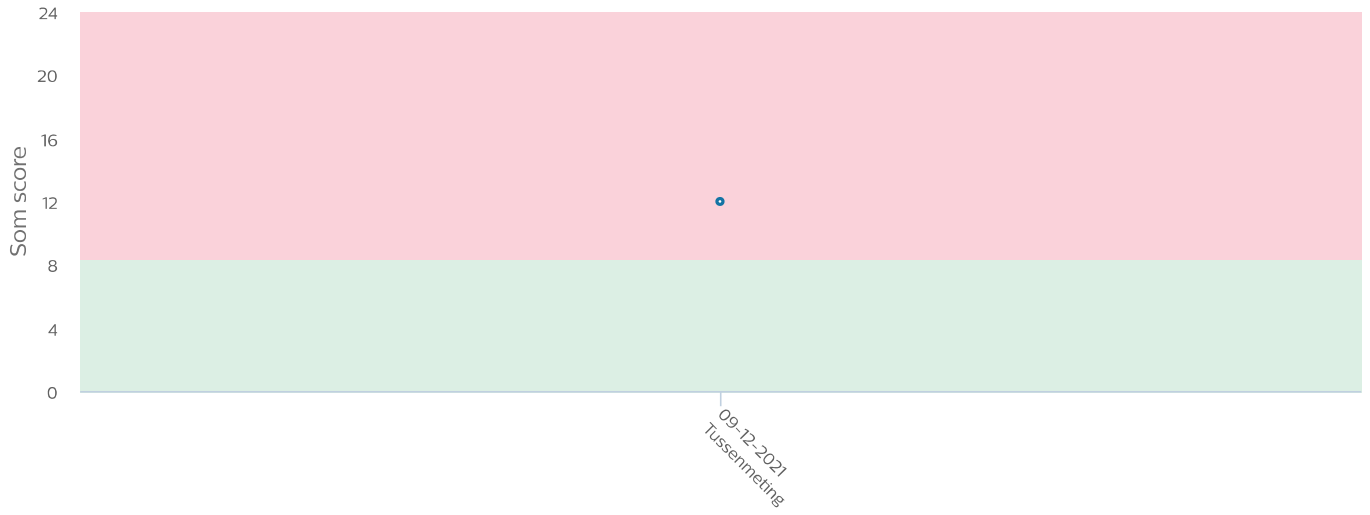


Mood related complaints and thoughts about death.

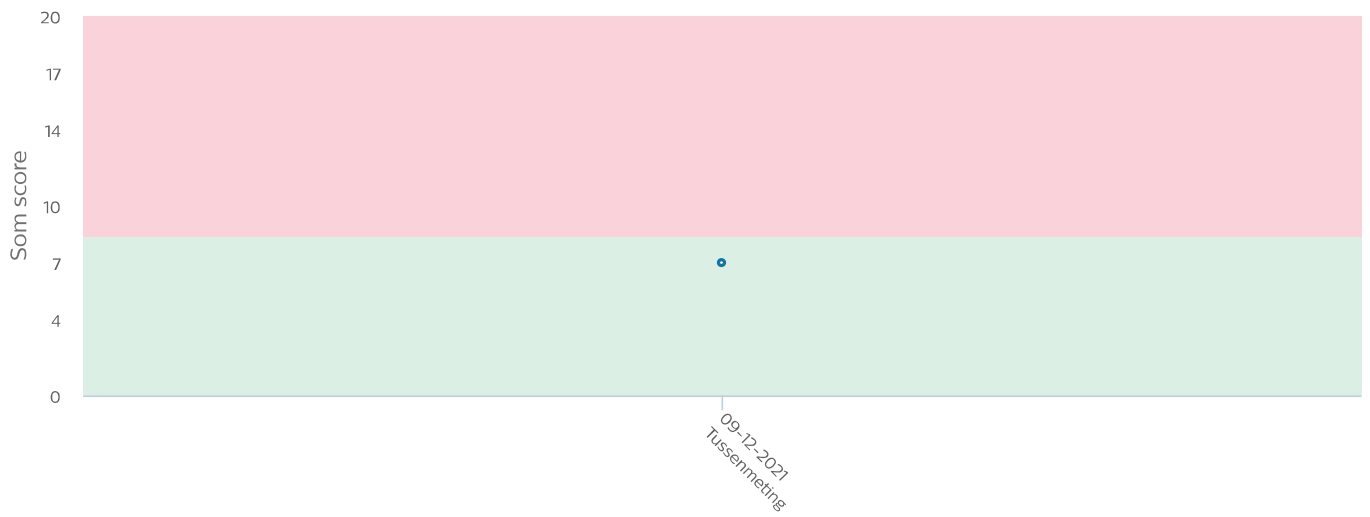


Complaints that deal with worrying, tenseness and anxiety.



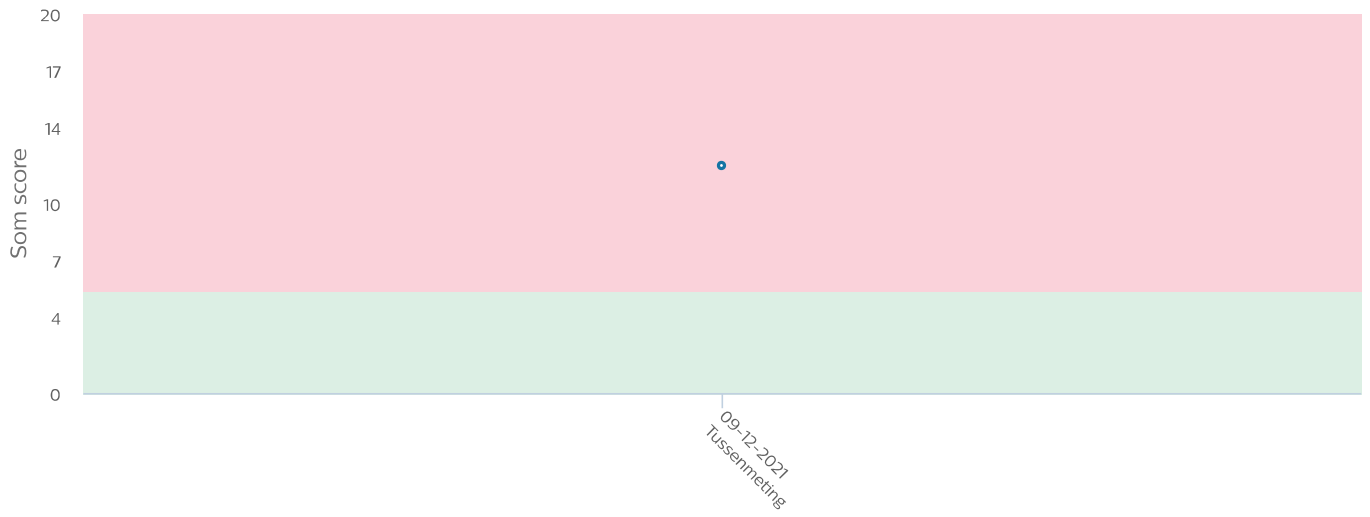


Issues that deal with remembering and forgetting things, being able to make decisions and being focused instead of being distracted.

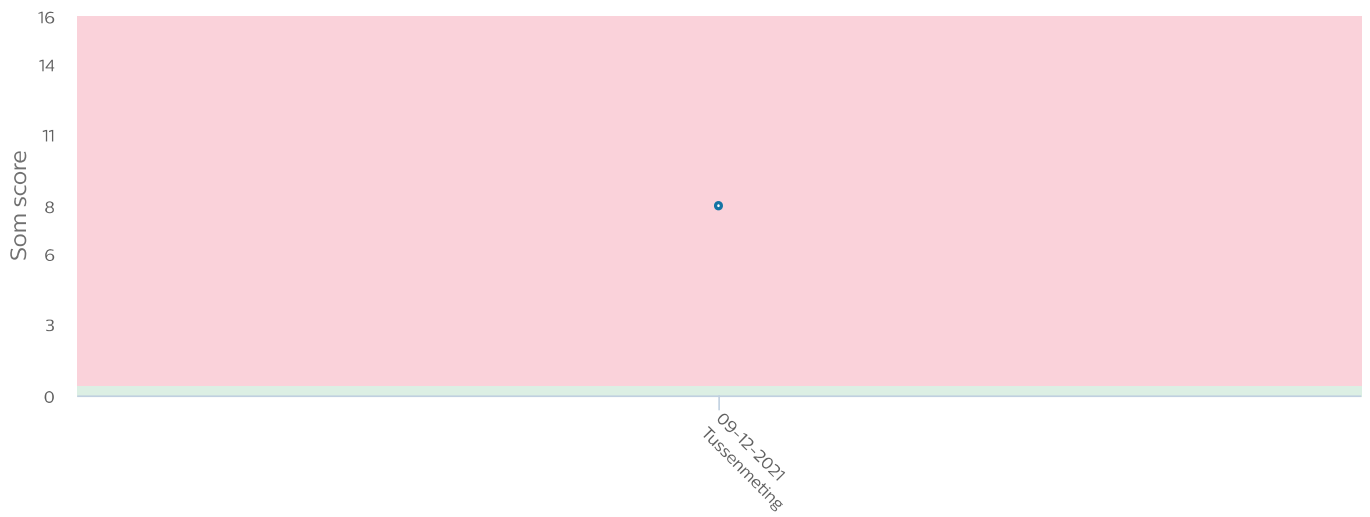


Complaints that deal with feeling inferior or anxious amongst a group of people.



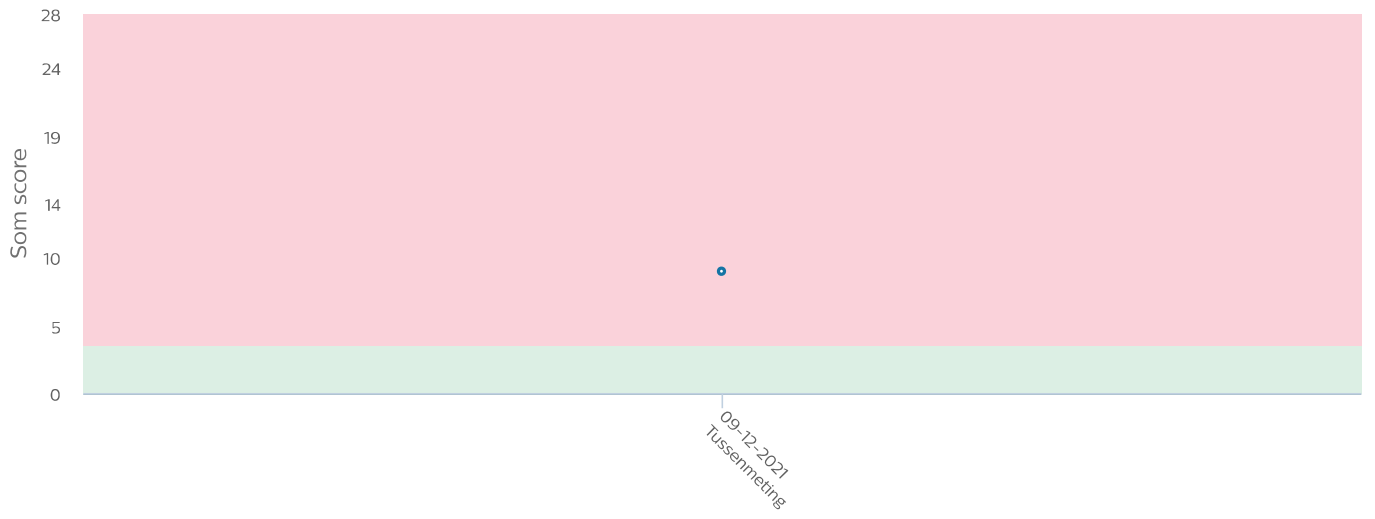


Complaints that deal with anxiety in crowded surroundings, open spaces or travelling on public transport by yourself.

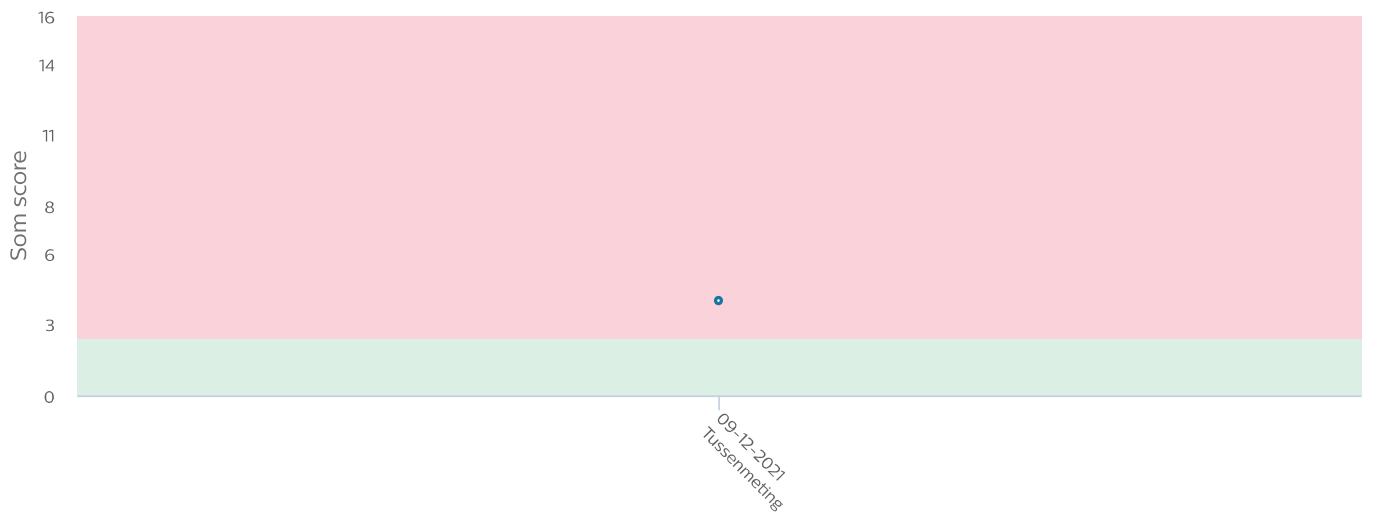


Physical complaints.





Complaints that deal with anger issues and feeling agitated.



Work or study performance.



