

# Rapport

I.ROC (Engels)

Terug



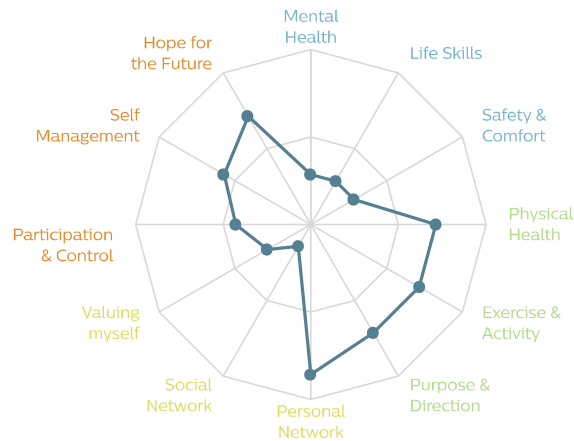
Recently you have filled out the I.ROC questionnaire, you can find the results in the so called 'spiderweb graph' below. The I.ROC survey extensively measures the trajectory of your recovery process. Recovery means different things to different people. It therefore does not imply that you are 'cured' or you are free of any struggles or complaints. It also does not mean that you are without support. Recovery does however mean that you determine your own life, make real choices and feel optimistic about the future. It does not simply refer to reclaiming what you might have lost before, as it may also point towards a new beginning for you.

The I.ROC, from a personal perspective, measures the recovery process over the last three months. The survey consists of twelve questions regarding: your mental health, life skills, safety and comfort, physical health, exercise & activity, purpose & directions, personal network, social network, valuing yourself, participation and control, self management and your hope for the future. Generally speaking, the higher you score the better you are doing in this specific area of your life.

The results are shown in a 'spiderweb':

## I.ROC [EN]

09-dec-2021



If this was the first time you filled out the I.ROC survey then the spiderweb will only show a single line. Once you have filled out multiple assessments additional lines will be shown. A dot (and a line) moving outwards means that you are noticing improvements in these areas of your life. Subsequently, a dot (and line) that moves inwards means that you have indicated that you are experiencing more problems in these specific areas. Your treatment process will deal with these aspects step by step, therefore the lines in the spiderweb might not always show major shifts.

Above the spiderweb you find the dates on which you filled out the surveys and thus the moments of measurement. By clicking on the dates, you determine which of the measurements you would like to see in your graph. You discuss the outcomes with your therapist in your next treatment session.